



Notice of Motion Form **2025/26 Season**

MOTION NUMBER	NOM 2025-009
PROPOSED BY	Anthony Martin, Committee Member
SECONDED BY	QSDCA Management Committee
REGARDING	Appendix E Bowling Injury Prevention
PROPOSAL	To make the underage bowling injury prevention restrictions in App E more clear by specifying ages.
EXISTING PROVISION	Appendix E Bowling Injury Prevention
PROPOSED CHANGES	See details in table over.
COMMENT	Playcricket Guide to Australian Cricket Junior Bowling Guidelines is unchanged since July 2023. See https://play.cricket.com.au/community/clubs/managing-your-club/youth-pace-bowling-guidelines

OLD REGULATIONS			Changes?	PROPOSED NEW REGULATION		
Appendix E BOWLING INJURY PREVENTION NEW VERSION Applies to All Competitions				Appendix E BOWLING INJURY PREVENTION Applies to All Competitions		
AGE BOWLING RESTRICTIONS FOR COMMUNITY LEVEL				AGE BOWLING RESTRICTIONS FOR COMMUNITY LEVEL		
Age Group	Max. Overs Each Spell *	Max. Overs Each Day		Age Group	Max. Overs Each Spell *	Max. Overs Each Day
Under 11	2	4		Players aged 10 or under. (Under 11)	2	4
Under 13	4	8		Players aged 11 or 12 (Under 13)	4	8
Under 15	5	12		Players aged 13 or 14 (Under 15)	5	12
Under 17	6	16		Players aged 15 or 16 (Under 17)	6	16
Under 19	6	18		Players aged 17 or 18 (Under 19)	6	18
* Rest between spells will be the lesser of: 1 hour of interruption to play OR the same number of overs from the same end as the completed spell.				<i>No changes</i>		
<i>Remainder of regulation</i>				<i>No changes</i>		